

Conway Summer Menu July 2023



Cafe Services is a Proud Sponsor of Food Connects. We Buy Local First.

Monday 7/3	Tuesday 7/4	Wednesday 7/5	Thursday 7/6	Friday 7/7
No Meals offered	No Meals Offered Happy 4th of July!	<u>Breakfast</u> No Breakfast offered	Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch	Breakfast Bagel & Cream Cheese Fruit and Juice Milk
		<u>Lunch</u> Turkey & Cheese Sub Cucumber Wedges Fruit & Milk	Chicken Caesar Wrap Baby Carrots Fruit & Milk	<u>Lunch</u> Pizza Roni Lunchbox Broccoli Fruit & Milk
Monday 7/10	Tuesday 7/11	Wednesday 7/12	Thursday 7/13	Friday 7/14
Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Turkey & Cheese Lunchbox Broccoli Fruit & Milk	Breakfast Yogurt & Grahams Fruit and Juice Milk Lunch Ham and Cheese Wrap Celery Sticks Fruit & Milk	Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Italian Sub Roasted Chickpeas Fruit & Milk	Breakfast Muffin Fruit and Juice Milk Lunch Grilled Chicken Caesar Salad Croutons & Roll Fruit & Milk	Breakfast Bagel & Cream Cheese Fruit and Juice Milk Lunch Better Cheddar Lunchbox Baby Carrots Fruit & Milk
Monday 7/17	Tuesday 7/18	Wednesday 7/19	Thursday 7/20	Friday 7/21
Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Pizza Roni Lunchbox Broccoli Fruit & Milk	Breakfast Yogurt & Grahams Fruit and Juice Milk Lunch Turkey & Cheese Wrap Cucumber Wedges Fruit & Milk	Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Ham & Cheese Sandwich Roasted Corn Salad Fruit & Milk	Breakfast Muffin Fruit and Juice Milk Lunch Grilled Chicken with Ranch on Bun Hummus Fruit & Milk	Breakfast Bagel & Cream Cheese Fruit and Juice Milk Lunch Yogurt Dipper Lunchbox Baby Carrots Fruit & Milk

Questions or comments?
Please contact
Jamie Pandora





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Monday 7/24	Tuesday 7/25	Wednesday 7/26	Thursday 7/27	Friday 7/28
Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Better Cheddar Lunchbox Broccoli Fruit & Milk	Breakfast Yogurt & Grahams Fruit and Juice Milk Lunch Ham and Cheese Wrap Celery Sticks Fruit & Milk	Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Turkey & Cheese Sub Cucumber Wedges Fruit & Milk	Breakfast Muffin Fruit and Juice Milk Lunch Chicken Caesar Wrap Baby Carrots Fruit & Milk	Breakfast Bagel & Cream Cheese Fruit and Juice Milk Lunch Pizza Roni Lunchbox Broccoli Fruit & Milk
Monday 7/31	Tuesday 8/1	Wednesday 8/2	Thursday 8/3	Friday 8/4
Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Turkey and Cheese Lunchbox Broccoli Fruit & Milk	Breakfast Yogurt & Grahams Fruit and Juice Milk Lunch Ham and Cheese Wrap Celery Sticks Fruit & Milk	Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Italian Sub Roasted Chickpeas Fruit & Milk	Breakfast Muffin Fruit and Juice Milk Lunch Grilled Chicken Caesar Salad Croutons & Roll Fruit & Milk	Breakfast Bagel & Cream Cheese Fruit and Juice Milk Lunch Better Cheddar Lunchbox Baby Carrots Fruit & Milk
Monday 8/7	Tuesday 8/8	Wednesday 8/9	Thursday 8/10	Friday 8/11
Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Pizza Roni Lunchbox Broccoli Fruit & Milk	Breakfast Yogurt & Grahams Fruit and Juice Milk Lunch Turkey & Cheese Wrap Cucumber Wedges Fruit & Milk	Breakfast Cereal & Cheese Stick Fruit and Juice Milk Lunch Ham & Cheese Sandwich Roasted Corn Salad Fruit & Milk	Breakfast Muffin Fruit and Juice Milk Lunch Grilled Chicken with Ranch on Bun Hummus Fruit & Milk	Breakfast Bagel & Cream Cheese Fruit and Juice Milk Lunch Yogurt Dipper Lunchbox Baby Carrots Fruit & Milk

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This institution is an equal opportunity provider.

